



Individual Support Skills Workshop

Developing empowered support workers

Join us for a hands-on, interactive, face-to-face skills workshop!

Tailored for support workers in aged care and disability services, this workshop focuses on refining your person-centred care approach and enhancing practical service delivery. Participants will engage in simulated care scenarios to strengthen communication, manual handling, and adaptive support techniques. The session also provides opportunities to reflect on ethical decision-making, client dignity, and strategies to support independence and quality of life.

This workshop aims to provide opportunities to:

- Deepen your understanding of complex care needs and adaptive equipment
- Practice effective communication with clients with varying abilities
- Strengthen your ability to promote independence and uphold client dignity in everyday care
- Discuss real-world care challenges and explore person-centred responses
- Explore ways to build stronger, more respectful relationships with the people you support
- Strengthen understanding of boundaries, dignity of risk, and ethical decision-making in daily care

Session information:

Cost: \$0 current KTS student

Location: KARBEN Training Solutions Training Centre
3 Amy Close Wyong

Duration: 9:30am-2:30pm

For upcoming workshop dates, visit:

www.kts.edu.au/skills-workshops/

Scan to check upcoming workshop dates!

